

## Timetable of Shuttle Bus (for runners)

Please understand that buses already at full capacity may depart before the scheduled time.

Depending on traffic conditions, buses may become delayed. Please plan accordingly for possible delays.

to Race Start Location (Nogiwa Park)

### ◆Full Marathon Participants◆

Departing Shin-Aomori Station	Running every 10 min starting at 6:30 am *last departure at 8:20 am
Departing Aomori Station	Running every 10 min starting at 6:30 am *last departure at 8:10 am
Event Parking Lot (Across from Gala Town)	Running every 10 min starting at 6:30 am *last departure at 8:20 am
Event Parking Lot (Fitness Park Parking Lot #3)	Running every 10 min starting at 6:30 am *last departure at 8:10 am

### ◆Half Marathon & 10K Participants◆

Departing Shin-Aomori Station	Running every 10 min starting at 6:30 am *last departure at 8:30 am
Departing Aomori Station	Running every 10 min starting at 6:30 am *last departure at 8:30 am
Event Parking Lot (Across from Gala Town)	Running every 10 min starting at 6:30 am *last departure at 8:30 am
Event Parking Lot (Fitness Park Parking Lot #3)	Running every 10 min starting at 6:30 am *last departure at 8:30 am

«Travel time to Nogiwa Park»

15 min from Shin-Aomori Station

20 min from Aomori Station

10 min from Event Parking (across from Gala Town)

20 min from Event Parking (Fitness Park Parking Lot #3)

**Finish Location (Aoi-umi Park) to Aomori Station, Shin-Aomori Station, Event Parking**

ASPAM⇒Aomori Station, Shin-Aomori Station, Event Parking	Running every 15 min starting at 11 am (last shuttle at 4 pm)
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«Travel times between Aomori Station, Shin-Aomori Station, and Event Parking»

about 5 min from ASPAM⇒Aomori Station

about 20 min from ASPAM⇒Shin-Aomori Station & Event Parking