



To all participants of the 2025 AOMORI Sakura Marathon: Thank you very much for your entry.

Please read the following instructions below. Also be sure to bring the enclosed "Athlete Bibs" and "Designated luggage bag & Sticker" with you to the venue.

Event Schedule

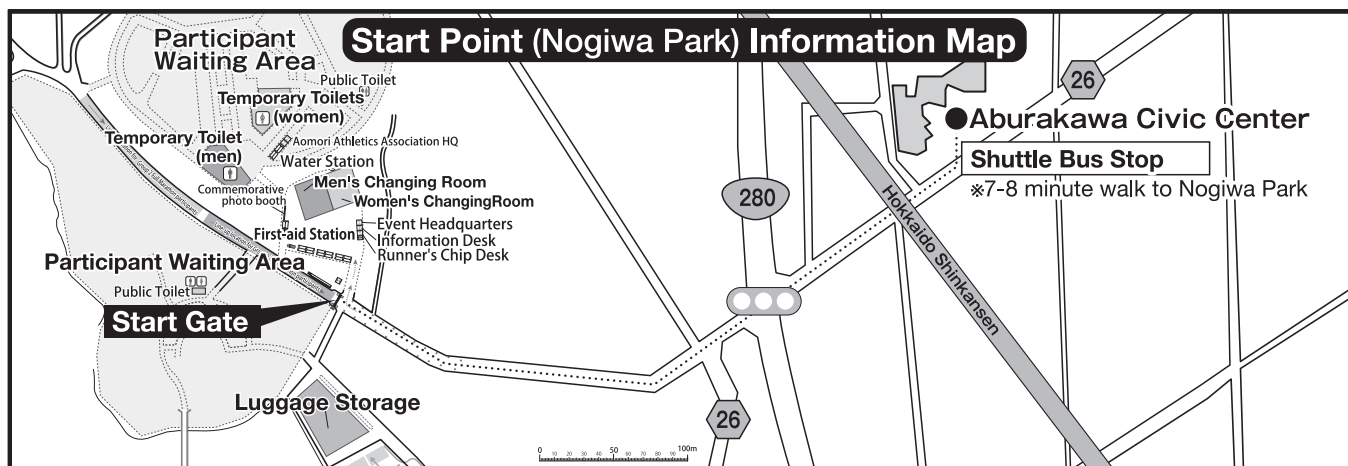
April 20 (Sunday)

*The event will be held rain or shine.

- Luggage Storage (Nogiwa Park) Reception time/ Full Marathon 7:00-8:20 a.m., Half Marathon 7:00-9:10 a.m., 10k 7:00-8:40 a.m.
- Opening Ceremony 8:30-8:45 a.m.
- Start times/ ● Full Marathon/ 8:50, 9:00 a.m. ● Half Marathon/ 9:40, 9:50 a.m. ● 10k/ 9:10, 9:20 a.m.
 - ※ Please assemble at the designated line-up point for each event. (See p. 30 of the event program.)
 - ※ Runners who do not arrive at the gathering time will start in the rear.
 - ※ The start will be a staggered start.
- Finisher towels will be presented to all race finishers.
- Record Certificates will be available online.
- Awards Ceremony: 1st to 3rd place for men and women in each category.
 - ※ The awards ceremony will be held on the stage at the finish location once preparations are complete.
 - ※ Prizes will be presented to 4th-8th place finishers in the overall men's and women's events, as well as 1st-3rd place finishers in each age group. Please bring your Athlete Bibs to the awards collection point.

Attention/ Please be sure to take your temperature at the Nogiwa Park registration desk on the day of the race.

- Shuttle buses are for race participants only and will depart at the designated times or when they reach full capacity. Please be sure to board the bus as early as possible in case there are delays due to traffic conditions.
 - Departure stops: Aomori Station, Shin-Aomori Station, temporary parking lot (Aomori Velodrome)
 - Service hours: from 6:00 a.m. (every 10-15 minutes)
 - Last departure time: 8:00 a.m. from Aomori Station and temporary parking lot (Aomori Velodrome), 8:10 a.m. from Shin-Aomori Station.
- Please follow the instructions of the staff at the temporary parking lot. Please note that organizers are not liable for any accidents or theft that occur in the parking lot. (Parking hours: 6:00 a.m.-5:00 p.m.)
- To prevent shuttle buses from being delayed due to traffic congestion, **vehicles are not allowed to enter the start and finish areas.** Please be sure to follow these rules to ensure the smooth execution of the event.
- Luggage is limited to one item per person. It must fit inside the provided designated luggage bag.
- There are two athlete bibs. One contains a chip which must be attached to your chest. The other chipless card must be attached to your back.
- The starting order is organized in blocks according to runners' target times (estimated time). Please follow the instructions of the officials and **line up in the order of A, B, C, and D** as written before the number on your athlete bibs.
- All participants must be in good health, free from any heart disease or illness, and must train sufficiently for the race. Participants with chronic illnesses should consult a physician before competing. **If you are not feeling well on the day of the race, please drop out.** During the race, please keep hydrated and drop out as soon as possible if you feel any physical problems. To request an ambulance, please ask the event staff instead of calling one personally.
- The organizers are not liable for any injuries, accidents, theft, loss, etc. during the event.
- The organizers may stop the event at any time in which the safe execution of the event is determined to be no longer possible. Runners may also be stopped temporarily due to traffic conditions. Please follow the organizer's instructions for safety management and event operation.
- Participants waive the right to refuse emergency first aid in the event of injury or illness during the event. Furthermore, the organizers are not liable for the method or execution of such treatment.
- Please beware of time limits for passing checkpoints. If you fail to pass within the time limit, you will be forced to drop out by race officials. Please follow any other instructions given by the race officials.
- Temporary toilets will be set up at 15 spots on the course.
- Please pick up your finisher's towel at the completion prize distribution point at the finish line. (They will be exchanged for runner's chips)



<Aomori City Bus>

- Take the bus bound for Nogiwa Danchi
- ◆ Tobu Eigyocho (Aomori Station) 06:43a.m. ⇒ Nogiwa Koen Iriguchi (Nogiwa Park Entrance) 07:09a.m.
- ◆ Shimin Byoin (Civic Hospital) 07:41a.m. ⇒ Nogiwa Koen Iriguchi (Nogiwa Park Entrance) 08:14a.m.